



*Shelbourne Knee Center*  
at Methodist Hospital  
Specialized Care for Knee Injuries

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**The Miniarthrotomy Technique for Anterior Cruciate Ligament Reconstruction. Shelbourne KD, Klootwyk TE:  
*Operative Techniques in Sports Medicine* 1:26-391, 1993**

Anterior cruciate ligament (ACL) reconstruction is performed in a variety of different surgical approaches. Techniques available include a miniarthrotomy, through the patellar tendon defect, arthroscopically assisted, fit with screw fixation, screw and spiked washer, barbed staples, suture and button, and sutures around a post. It is our opinion that the visualization of the notch and the access to the posterior lateral wall for placement of reconstruction. The miniarthrotomy technique, as described in this article, offers reproducible excellent results and remains our method of choice for ACL reconstruction surgery.